

Read during worship...

[Psalm 32:1-7](#)

**1** Blessed is the one whose transgressions are forgiven, whose sins are covered.

**2** Blessed is the one whose sin the Lord does not count against them and in whose spirit is no deceit.

**3** When I kept silent, my bones wasted away through my groaning all day long.

**4** For day and night your hand was heavy on me; my strength was sapped as in the heat of summer.

**5** Then I acknowledged my sin to you and did not cover up my iniquity. I said, "I will confess my transgressions to the Lord." And you forgave the guilt of my sin.

**6** Therefore let all the faithful pray to you while you may be found surely the rising of the mighty waters will not reach them.

**7** You are my hiding place; you will protect me from trouble and surround me with songs of deliverance.

Sermon Scripture

[Hebrews 4:14-5:10](#)

**14** Therefore, since we have a great high priest who has ascended into heaven,<sup>[a]</sup> Jesus the Son of God, let us hold firmly to the faith we profess. **15** For we do not have a high priest who is unable to empathize with our weaknesses, but we have one who has been tempted in every way, just as we are—yet he did not sin. **16** Let us then approach God's throne of grace with confidence, so that we may receive mercy and find grace to help us in our time of need. **5** Every high priest is selected from among the people and is appointed to represent the people in matters related to God, to offer gifts and sacrifices for sins. **2** He is able to deal gently with those who are ignorant and are going astray, since he himself is subject to weakness. **3** This is why he has to offer sacrifices for his own sins, as well as for the sins of the people. **4** And no one takes this honor on himself, but he receives it when called by God, just as Aaron was. **5** In the same way, Christ did not take on himself the glory of becoming a high priest. But God said to him, "You are my Son; today I have become your Father." **6** And he says in another place, "You are a priest forever, in the order of Melchizedek." **7** During the days of Jesus' life on earth, he offered up prayers and petitions with fervent cries and tears to the one who could save him from death, and he was heard because of his reverent submission. **8** Son though he was, he learned obedience from what he suffered **9** and, once made perfect, he became the source of eternal salvation for all who obey him **10** and was designated by God to be high priest in the order of Melchizedek.

**The Big Idea:** God Sees and He knows, and wants to help.